

fall 2020

virtual fitness schedule

SEPT. 28 - OCT. 4

To virtually participate in a class, **click the class name and enter the code if necessary**. You do not have to attend the university that the instructor is affiliated with to participate in the class. Check back weekly as schedule is subject to change. [This comprehensive virtual schedule is presented by our talented friends and partners at these great sites:](#) Cleveland State University (CSU) • DePaul University (DPU) • Harper College (HC) • Jacksonville State University (JSU) • Marshall University (MU) • Moraine Valley Community College (MVCC) • University of Alabama at Birmingham (UAB) • Mylan Park (MP) • University of Missouri - St. Louis (UMSL) • University of New Haven (UNH)